

Step 12 Having had a spiritual awakening as a result of these steps, we tried to carry this message to other sex addicts and to practice these principles in all our activities

12 E Practice these principles

“Spiritual Awakening” is partly an awakening to the concept of spirituality.

What has been my experience in recovery with the following spiritual principles? How can I use them in my life beyond recovery circles?

Honesty – to self and to others

Openness

Willingness

Humility

Courage

Awareness

Gratitude

Connection with Self

Integrity

Patience

Being in the Now

Able to accept silence

Connection with others

Acceptance and Tolerance

Service to others

Moral Authority